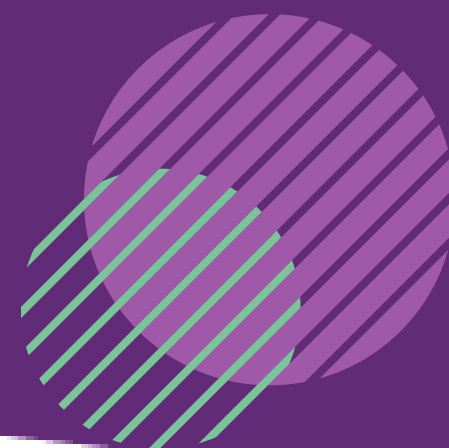


INFOGRAPHIC 9



Conclusion of the project

The EMERGE Youth project successfully reached **more than 300 people** through its events, workshops, and activities. Participants across all partner countries had the chance to engage with stress management practices, share experiences, and learn how to apply practical tools in their everyday lives.

As part of the project, we created the **Stress Management EduPack** and an interactive **WebApp**, making resources easily accessible for both young people and youth workers. To ensure wide impact, all materials were **translated into every partner language**, breaking down barriers and supporting inclusion.



The project strengthened **the skills and capacities** of all partner organisations. Youth workers and partners gained new knowledge, tools, and experiences that will continue to support young people long after the project's end, **leaving a lasting impact on communities across Europe.**



EMERGE YOUTH

Unlocking Potential, One Breath at a Time



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